

Information For the User
Telmisartan IP 40mg + Cilnidipine IP 10mg + Metoprolol IP 50mg Tablet

Telbolife Trio 50 ER Tablet

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Dosage Form: Extended Release Tablet

Composition:

Each extended release tablet contains:

Telmisartan I.P. 40 mg

Cilnidipine I.P. 10 mg

Metoprolol Succinate I.P. 50 mg (Extended Release)

Description:

Telbolife Trio 50 ER Tablet is a triple combination formulation containing Telmisartan, Cilnidipine, and Metoprolol Succinate. It is used in the management of hypertension and associated cardiovascular conditions requiring combination therapy. The formulation works through complementary mechanisms to control blood pressure, improve vascular relaxation, and reduce cardiac workload. The extended release form of Metoprolol ensures sustained therapeutic effect and better blood pressure control throughout the day.

Indications:

Management of hypertension

Patients requiring triple combination antihypertensive therapy

Reduction of cardiovascular risk in hypertensive patients

Prevention of complications related to uncontrolled blood pressure

Dosage & Administration:

Dosage should be taken as directed by the physician.

Tablet should be swallowed whole with water, preferably at the same time each day.

Do not crush or chew the extended release tablet.

Pharmacological Action:

Telmisartan is an angiotensin II receptor blocker (ARB) that inhibits the vasoconstrictor effects of angiotensin II, leading to relaxation of blood vessels and reduction in blood pressure.

Cilnidipine is a calcium channel blocker that inhibits calcium influx in vascular smooth muscle cells, causing vasodilation and improved peripheral circulation.

Metoprolol Succinate is a selective beta-1 adrenergic receptor blocker that decreases heart rate, myocardial contractility, and cardiac output.

The combined action of these agents results in effective and sustained control of blood pressure.

Side Effects:

Dizziness

Headache

Fatigue

Bradycardia

Gastrointestinal discomfort

Precautions & Warnings:

Use under medical supervision only.

Use cautiously in patients with hepatic or renal impairment.

Regular monitoring of blood pressure and heart rate is recommended.

Not recommended during pregnancy and lactation unless prescribed by a physician.

Drug Interactions:

May interact with other antihypertensive drugs, beta blockers, diuretics, and certain antiarrhythmic agents.

Consult physician before using with other medications.

Storage:

Store below 25°C in a dry place.

Protect from light and moisture.

Keep out of reach of children.

Manufactured in India for:



Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

Plot no.: 367-FF, Industrial Area Phase-I,

Panchkula-134113

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